#### August/September Lunch Menu

**Oxford Area High School** 

# Welcome Back! We Have Missed You! Have a Great Year!

#### Monday August 30

Chicken Tenders W/ Dinner Roll Sweet Corn, Baby Carrots Apple Slices, Chilled Fruit

<u>Tuesday August 31</u> Bosco Cheese Sticks W/ Marinara Dipping Sauce Green Beans, Celery Sticks Grapes, Chilled Fruit

#### Wednesday September 1

BBQ Bacon Cheese Burger French Fries, Lettuce, Tomato, Pickles Orange Wedges, Chilled Fruit

Thursday September 2 Spicy Chicken Sandwich Steamed Carrots, Celery Sticks Apples, Chilled Fruit

Friday September 3 & Monday September 6 NO SCHOOOL Happy Labor Day



<u>Tuesday September 7</u> Pasta W/ Chicken Alfredo Sauce, Dinner Roll Broccoli , Baby Carrots Granny Smith Apples, Chilled Fruit

> <u>Wednesday September 8</u> General Tso's Chicken Over Rice Veggie Boat, Mixed Vegetables Orange Wedges, Chilled Fruit

<u>Thursday September 9th</u> Cheesesteaks Sandwich Potato Wedges, Lettuce Tomato Pickles Blueberries, Raisins

Friday September 10th Taco Bar (Hard Shell or Tortilla) All Your Favorite Toppings! Mixed Fruit Salad, Chilled Fruit

Monday September 13th Chicken Nuggets, Dinner Roll Sweet Corn, Celery Sticks Apples, Chilled Fruit

Tuesday September 14th Meatball Parmesan Sub Pasta Salad, Green Beans Oranges, Chilled Fruit

<u>Wednesday September 15th</u> Macaroni and Cheese Stewed Tomatoes, Fresh Broccoli Strawberries, Chilled Fruit

Thursday September 16th Shrimp Poppers, Dinner Roll Tartar Sauce or Hot Sauce Steamed Red Potatoes, Coleslaw Grapes, Chilled Fruit

Friday September 17th Chicken Sandwich on a Kaiser Roll French Fries, Crunchy Broccoli Salad Mixed Fruit Salad, Chilled Fruit Monday September 20 Chicken Fajitas W/WO Peppers and Onions Black Bean Salsa, Rice, Guacamole Pineapple, Chilled Fruit

> <u>Tuesday September 21</u> Cheese or Pepperoni Calzone Mixed Vegetables, Baby Carrots Apple Slices, Chilled Fruit

> Wednesday September 22 Mozzarella Sticks W/Sauce Mixed Vegetables, Baby Carrots Apple Slices, Chilled Fruit

Thursday September 23 BBQ Pork Sandwich Baked Beans, Potato Salad Raisins, Chilled Fruit

Friday September 24 BBQ Bacon Cheese Burger Onion Rings, Lettuce, Tomato, Pickles Orange Wedges, Chilled Fruit

Monday September 27 Chicken Tenders W/ Dinner Roll Steamed Broccoli, Baby Carrots Fresh Melon, Chilled Fruit

Tuesday September 28 Brunch 4 Lunch! Dutch Waffle W/ Sausage Patty Hash Rounds, Grape Tomatoes Mixed Fruit, Chilled Fruit

Wednesday September 29 Roast Turkey W/ Mashed Potatoes (Gravy) Green Beans, Apple Crisp Melon, Chilled Fruit

> Thursday September 30 Spicy Chicken Sandwich Steamed Carrots, Celery Sticks Apples, Chilled Fruit

## **Any Questions?**

Please Contact the Food Service Office

610-932-6660

All Lunches are served with a choice of Fat Free Flavored Milk or 1% White Milk



### What's in a Meal?

Choice of Milk 1Entrée 1 Fruit 1 or 2 Vegetables 1 Grain You must choose at least 3 items (1 fruit or Vegetable) or you may choose up to 5 items for a no cost lunch!

Breakfast and Lunch will be offered at no charge for the 21/22 School Year

Second Meals or a la carte items (single items) must be paid for from your child's account.

www.schoolcafe.com